

Madison Yoga Schedule Friday March 12 – Monday March 22

Day	Class / Instructor
Fri Mar 12	No classes
Sat Mar 13	9:00a Level I Flow Yoga / Amanda 12:30p Yoga for Everybody / Amanda
Mon Mar 15	7:00p Level I Flow Yoga / Amanda
Tues Mar 16	No classes
Wed Mar 17	5:15p Beginner Yoga / Amanda 7:00p Beginner Yoga / Amanda
Thurs Mar 18	5:30p Mindful Movement Yoga / Amanda
Fri Mar 19	No classes
Sat Mar 20	9:00a Level I Flow Yoga / Amanda 12:30p Yoga for Everybody / Amanda
Mon Mar 22	<i>Normal class schedule resumes today</i> 9:00a Basic Yoga / Kim 7:00p Level I Flow Yoga / Kim



Drop in class -- \$12 each
 Multiple classes - \$10 each
Private sessions are available by appointment